

# Nutrition Research

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University of California, Davis

One Shields Avenue

Davis, CA 95616

baw@purdue.edu

bawatkins@ucdavis.edu

alrcurtis@gmail.com

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\*\*\*\*

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- Submission is in American English and has been checked for grammar and spelling.
- Title states major research finding.
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- The abstract is no longer than 250 words as one paragraph and includes the hypothesis, objectives of the study, experimental approach, major results, and conclusion. DO NOT USE HEADINGS.
- Five keywords/phrases are listed and include the model for the study.
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- The methods and materials section contains a statement providing approval from the Institutional Review Committee for animals or for human subjects.
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- At least 3 Highlights for this submission are included (see [Highlights](#) section).

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- All tables and figures are numbered consecutively with Arabic numerals.
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